

Curriculum Vitae

Date Prepared: July 3, 2018
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Place of Birth: Stockton, California

Education

1996	Bachelor of Science magna cum laude	Biochemistry and Cell Biology	University of California, San Diego
2000	Doctor of Medicine	Medicine	Loma Linda University

Postdoctoral Training

2000 - 2003	Resident	Psychiatry	University of Vermont, Fletcher Allen Healthcare
2003 – 2005	Resident	Child and Adolescent Psychiatry	Penn State Milton S. Hershey Medical Center

Faculty Academic Appointments

2000 – 2003	Clinical Instructor	Psychiatry	University of Vermont College of Medicine
2014 -	Instructor	Psychiatry	Harvard Medical School

Appointments at Hospitals/Affiliated Institutions

2001 – 2003	Per Diem On Call Physician	Inpatient Psychiatry	Vermont State Hospital
2003 – 2005	Per Diem Resident Psychiatrist	Inpatient Psychiatry	Holy Spirit Hospital
2005 - 2005	Locum Tenens Psychiatrist	Outpatient Psychiatry	North Shore Medical Center
2008 - 2015	Physician	Psychiatry	Spaulding Rehabilitation Hospital, North Shore
2008 - 2015	Physician	Psychiatry	North Shore Medical Center
2014 -	Attending Psychiatrist	Psychiatry	Boston Children's Hospital

Other Professional Positions

2011 - 2018	Psychiatrist, Director	Family Psychiatric Care Beverly, MA
2013 - 2017	Consulting Psychiatrist	Landmark School Beverly, MA
2014 -	Psychiatrist	Pediatric Health Care Associates Peabody, MA

Major Administrative Leadership Positions

Local

2008 – 2014	Medical Director, Outpatient Psychiatry	MassGeneral for Children at North Shore Medical Center
2016 -	Director of Psychiatric Services	Pediatric Health Care Associates
2017 -	Associate Director Clinic for Interactive Media and Internet Disorders	Boston Children’s Hospital

Committee Service

Local

2014 - 2016	Depression Population Management Group	Adolescent/Young Adult Medicine Boston Children’s Hospital
	LGBTQD Youth Health Consortium	Boston Children’s Hospital

Regional

National

2016 -	Adolescent Psychiatry Committee	American Academy of Child and Adolescent Psychiatry
2017 - 2018	Advisory Council PCORI: Healing Families Project	Families for Depression Awareness

Professional Societies

1996 –	American Medical Association
2002 -	American Association of Child and Adolescent Psychiatry
2011 -	Association for the Advancement of Philosophy and Psychiatry
2013 -	American Medical Association
2013 -	Massachusetts Medical Society
2015 -	Society for Adolescent Health and Medicine

Editorial Roles

2015 -	Editorial Board Member	Contemporary Behavioral Health Care
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Honors and Prizes

1994	Howard Hughes Undergraduate Science Enrichment Program	University of California, San Diego	Selected for Enrichment Program
1996	Caledonian Society of John Muir College	University of California, San Diego	Academic Achievement

Teaching of Students in Courses

2015	SBS 208 Adolescent Health Master in Public Health Students	HSPH 2-hr lecture on Adolescent Mental Health
2016	SBS 208 Adolescent Health Master in Public Health Students	HSPH 2-hr lecture on Adolescent Mental Health

Formal Teaching of Residents, Clinical Fellows and Research Fellows (post-docs)

2011 – 2013	Didactic Teaching Medical Students, Pediatric Residents	MassGeneral for Children at North Shore Medical Center
2014 -	Adolescent Psychiatry LEAH Fellows	Boston Children's Hospital Monthly Seminar
2015	Introduction to Psychopharmacology Adolescent Mental Health Fellows	Boston Children's Hospital One Hour Lecture
2016	Case Based Psychopharmacology Lecture Adolescent Mental Health Fellows	Boston Children's Hospital One Hour Lecture
2016	Collaborative Mental Health Care Adolescent Mental Health Fellows	Boston Children's Hospital One Hour Lecture
2016	Eating Disorders Psychiatry Residents	Harvard South Shore Psychiatry Residency One Hour Lecture
2017	Eating Disorders Developmental Pediatrics Fellows	One Hour Lecture Boston Children's Hospital
2018	Selective Mutism Developmental Pediatrics Fellows	Boston Children's Hospital One Hour Lecture
2018	Psychiatric Interview Developmental Pediatrics Fellows	Boston Children's Hospital One Hour lecture

Clinical Supervisory and Training Responsibilities

2014 -	Clinical Supervision Adolescent Mental Health Team Meeting	Boston Children's Hospital One Hour Meeting Twice Per Month
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Formally Mentored Trainees

2016 - 2017	Marie Tan Gipson, Second Year Child and Adolescent Psychiatry Fellow Boston Children's Hospital
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Formal Teaching of Peers (e.g., CME and other continuing education courses)

2011	MassGeneral for Children North Shore Community Conference SSRI Uses and Cautions for Youth	MassGeneral for Children Danvers, MA
2015	Post Graduate Course in Adolescent Medicine Psychopharmacology for the Depressed Teen	Harvard Medical School Boston, MA
2016	Post Graduate Course in Adolescent Medicine Autism: Behavioral and Psychopharmacologic Management	Boston Children's Hospital Boston, MA
2016	Post Graduate Course in Adolescent Medicine Psychopharmacology for the Depressed Teen	Boston Children's Hospital Boston, MA
2017	Feeding and Eating Disorders Conference Psychopharmacology	Boston Children's Hospital Waltham, MA
2017	Post Graduate Course in Adolescent Medicine Psychopharmacology for the Depressed Teen	Boston Children's Hospital Boston, MA

2017	Post Graduate Course in Adolescent Medicine Medical Conditions with Psychiatric Manifestations: Cases	Boston Children's Hospital Boston Children's Hospital Boston, MA
2017	Middle School through College Mental Health and Education Course Internet Addiction, Sexting and Cyber-bullying	Harvard Medical School Cambridge, MA
2018	Post Graduate Course in Adolescent Medicine Psychopharmacology for the Depressed Teen	Boston Children's Hospital Boston, MA

Local Invited Presentations and Courses

2003	A Diagnostic Dilemma Psychiatry Grand Rounds, University of Vermont College of Medicine	
2010	Metabolic Risks of Second Generation Antipsychotics Pediatric Grand Rounds, Mass General for Children at North Shore Medical Center	
2015	Cutting Care of the Adolescent 201 PPOC Adolescent Learning Community	
2015	The Anxious Adolescent Care of the Adolescent 201 PPOC Adolescent Learning Community	
2015	Morbidity and Mortality Presentation Leadership Education in Adolescent Health CORE Conference, July 2015	
2015	Morbidity and Mortality Presentation Leadership Education in Adolescent Health CORE Conference, August 2015	
2015	The Anxious Adolescent Care of the Adolescent 201 PPOC Adolescent Learning Community	
2017	Morbidity and Mortality Presentation Boston Children's Hospital Department of Psychiatry, May 2017	
2017	What About the Young Men? Engaging Adolescent Males in Healthcare Department of Public Health Training, Boston Children's Hospital	

Regional Invited Presentations and Courses

2011	Pediatric Anxiety Pediatric Grand Rounds, Beverly Hospital	
2012	Obesity in Youth Youth at Risk Conference, Essex County Community Foundation	
2013	Cutting Youth at Risk Conference, Essex County Community Foundation	
2014	Suicide Assessment in Youth Youth at Risk Conference, Essex County Community Foundation	
2015	Psychopharmacology for the Depressed Teen Pediatric Health Care Associates	
2015	Disordered Eating Youth at Risk Conference, Essex County Community Foundation	
2015	Update on Eating Disorders Pediatric CME Lecture, Good Samaritan Medical Center	

- 2016 Introduction to Psychopharmacology
Azimuth Psychological
- 2016 Attention-deficit/Hyperactivity Disorder
Pediatric Health Care Associates
- 2017 Internet addiction in children and adolescents
Pediatric Health Care Associates

National Invited Presentations and Courses

- 2016 Psychopharmacology For The Depressed Teen: Increasing Access To Psychotropic Medication By Improving Primary Care Clinician Skill And Comfort
Pediatric Academic Society
Baltimore, MD
- 2017 Internet addiction in children and adolescents: Risk factors, assessment and treatment
27th Annual Practical Pediatrics for Primary Care
Minnesota Children’s Hospital
St. Paul, MN
- 2017 *Boy Interrupted: A Discussion About Risk and Protective Factors of Suicide in Children and Adolescents and the Impact of Completed Suicide on Families and the Community*
American Academy of Child and Adolescent Psychiatry 64th Annual Meeting
Washington, DC
- 2018 Addicted to the Internet? Recognizing and Treating Problematic Interactive Media Use (PIMU)
Society for Adolescent Health and Medicine
Seattle, WA

International Invited Presentations and Courses

- 2015 Adolescent Psychiatric Illness in the United States
Third Annual Chinese Adolescent Medicine Continuing Education Course
Fuzhou, China
- 2016 Anxiety in U.S. Adolescents
Fifth Qianjiang Pediatric Puberty Medicine Forum
Hangzhou, China
- 2018 DBT for Problematic Interactive Media Use
First Latin American Congress on DBT
Buenos Aires, Argentina
- 2018 Problematic interactive media use: using what we know to proceed from recognition to understanding to treatment.
23rd World Congress of the International Association of Child and Adolescent Psychiatry and Allied Professions
Prague, Czech Republic

Current Licensure and Certification

- 2017 - Massachusetts Board of Registration in Medicine
- 2014 Diplomat in Psychiatry
American Board of Psychiatry and Neurology
- 2016 Diplomat in Child and Adolescent Psychiatry
American Board of Psychiatry and Neurology

Clinical Innovations

Attention Deficit/Hyperactivity Disorder Evidence Based Guideline

Co-designer for evidence based guideline which simplifies diagnosis and clarifies departmental procedure for management of ADHD in teens, integrates assessment tools and supports provider understanding of ADHD medications.

Clinic development, Boston Children's Hospital

Co-development of Clinic for Interactive Media and Internet Disorders within the Division of Adolescent and Young Adult Medicine at Boston Children's Hospital.

Practice Activities

2005 - 2008	Ambulatory Psychiatry	Comprehensive Psychiatric Associates	35 hours per week
2008 - 2014	Ambulatory Psychiatry	MassGeneral for Children at North Shore Medical Center	35 hours per week
2011 - 2018	Ambulatory Psychiatry	Family Psychiatric Care	10 hours per week
2014 -	Ambulatory Psychiatry	Pediatric Healthcare Associates	10 hours per week
2014 -	Ambulatory Psychiatry	Adolescent/Young Adult Medicine Boston Children's Hospital	12 hours per week

Report of Education of Patients and Service to the Community

No activities below were sponsored by outside entities.

Activities

2011	Review of Psychiatric Medications Massachusetts Society for the Prevention of Cruelty to Children
2012	Review of Psychiatric Medications Massachusetts Society for the Prevention of Cruelty to Children
2014	Cutting North Shore Medical Center Family Resource Center Family Rounds
2015	Teen Depression Training (National Webinar) Families for Depression Awareness

Publications

Peer reviewed publications in print or other media

1. **Tsappis M.** Telepsychiatry: A solution for the unmet mental health needs of the transitional age population. *Contemp Behav Health Care* 2015; 1(2):16-19.
2. **Tsappis M,** Freizinger M, Forman SF. Binge-eating disorder: emerging treatments for a new diagnosis. *Curr Opin Pediatr*; 28(4):415-420.
3. Katz-Wise S, Rosario M, **Tsappis M.** Lesbian, Gay, Bisexual, and Transgender Youth and Family Acceptance. *Pediatr Clin North Am*; 63(6): 1011-1025.

Reviews, Chapters and Editorials

1. Rich M, **Tsappis M**, Kavanaugh J. Problematic Interactive Media Use Among Children and Adolescents: Addiction, Compulsion, or Syndrome? In Young K and de Abreu CN (eds.). Internet Addiction in Children and Adolescents: Risk Factors, Assessment and Treatment. Springer Publishing Company, 2017.

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